



Coronavirus instructions for subcontractors

22 SEPTEMBER, 2020



[yit.fi/en](https://www.yit.fi/en)

YIT's instructions for subcontractors

- **All regulations and recommendations concerning the coronavirus issued by the authorities are complied with at YIT's sites and we recommend our subcontractors comply with them as well.**
- We have asked our partners to inform us of all impacts related to our operations, including even the smallest doubts concerning employees falling ill, arrival in the country and material deliveries. We will monitor the situation and compliance with the rules at all sites.
- Due to quarantine measures and/or access restrictions caused by the exceptional situation, working on a construction site may be disrupted or even prevented. Correspondingly, subcontractors as well as material or equipment suppliers may experience delivery issues as well as major delays in their deliveries and work performances. Regardless of possible future challenges, we must seek to minimise losses and delays in cooperation.
- Due to the constantly changing situation, we will contact our subcontractors, suppliers and partners regularly. We recommend they implement similar measures as YIT to prevent the spread of the virus.
- If you have any questions about the coronavirus regarding operations at a site, **please first contact the site management.**
 - Our personnel are responsible for site-specific policies in accordance with YIT's instructions

Do not come to work if you are sick!

- If you have respiratory track infection (fever, cough, shortness of breath, muscle pain, fatigue, runny nose, nausea, diarrhea): **Do not come to work!**
 - If someone in your household or someone you have close contact with has a respiratory track infection but you are asymptomatic, you can come to work.
 - **If you have even mild symptoms, seek medical advice on getting tested**
 - Call your healthcare centre, occupational health services or emergency clinic if your symptoms last for a long time or become serious, or you are experiencing shortness of breath.
 - Once **all your symptoms are gone and the result of the Corona test is negative** you may return to work, giving that you have been without symptoms for at least 24 hours.

Follow your employer's instructions on taking sick leave. Inform you employer of your absence if a your own notification on taking sick leave is regarded as sufficient. If your employer requires a medical certificate for your sick leave, **contact your own healthcare centre or occupational health services by phone** or through the online application provided by them.

More information: https://www.ttl.fi/en/fioh-guidelines-for-workplaces-to-prepare-for-the-coronavirus-epidemic/?_ga=2.123089485.795692779.1585140264-1811936856.1575897378

General instructions for preventing the spread of the coronavirus

Take care of your hand hygiene

- The best way to prevent all viral contamination is to **take extra care of hand hygiene!**
- Protect others from the virus by **ALWAYS** coughing and sneezing into a disposable tissue or into your upper arm or sleeve

Pay attention to the cleanliness of spaces

- Make sure your site or office has available **liquid soap**, enough disposable paper tissues and hand sanitiser, if possible
- Maintain the standards of cleanliness in offices and on construction sites. Pay special attention to frequently touched surfaces: door handles, railings, tools, coffee machines, etc.
- If possible, add hand washing stations on the site
- Try to wash/change your work gloves daily

Spread of the coronavirus

- Viruses causing respiratory tract infections, such as coronaviruses, are transmitted between people via droplets
- The incubation period for the coronavirus is 1–14 days, with an average incubation period of 5 days
- Respirators worn by asymptomatic people will not contain the spread of the virus. Please note! The authorities in different countries may, however, require that respirators are worn also by asymptomatic people. This regulation has not yet been imposed in Finland, and YIT's national occupational health doctor has not issued a recommendation concerning their use.



1. Kastele kädet runsaalla vedellä



2. Ota saippuaa ja hiero kämmeniä vastakkain



3. Hiero kämmenselät, peukalot ja sormien välit



4. Hiero sormia lomittain vastatusten



5. Huuhdo kädet runsaalla vedellä



6. Kuivaa kätesi huolellisesti käsipyyhepaperilla



7. Sulje hana käsipyyhepaperilla

Pieni teko.
Suuri
vaikutus

Practical instructions for site personnel

- **Minimise close contact: Maintain a distance of 2 metres from other people.**
 - Do not move around/spend time in large groups
 - While commuting, for example, on public transport, keep your distance from other passengers and wear a mask.
 - While moving around on site, working or during breaks, try to maintain a distance of at least 1–2 metres from others
 - Avoid touching each other or any objects. Do not shake hands.
- **Work and take breaks in small groups**
 - Organise employees into smaller groups, and only change the groups according to a plan. This prevents the spread of viruses between groups
 - Take breaks and meals at different times and, preferably, in different places as well
 - Wipe touch surfaces with disinfectant washing liquid between visits by different groups (e.g. 70% ethanol or washing agent containing chlorine)
 - Use a disposable paper towel when touching, for example, the coffee machine, door handle or similar, which has not been cleaned recently
- Meetings are to be held via Teams or in a meeting room with every other seat empty
- Those returning/arriving to Finland from abroad must comply with testing and quarantine rules and recommendation in all parts
- Accommodation arrangements made in projects must favor options with plenty of room and especially avoid housing more than one person in one room

Can an employee belonging to a risk group work on the site?

There is no need, as a rule, to prohibit employees belonging to a risk group from working.

Employees who belong to a risk group working during the epidemic:

- As a rule, a working-aged employee who belongs to a risk group does not have to stop working
- Good hand hygiene must be ensured as instructed during the coronavirus situation
- If necessary, the doctor treating the employee will assist the employee to assess the risk and need for protection
- Telecommuting is recommended where the position makes remote work possible in order to reduce the risk of exposure.
- Wearing a mask with one's own consideration

Instructions

Peitä aivastaessasi tai yskiessäsi suusi kertakäyttöisellä nenäliinalla tai hihalla!

Cover your mouth and nose with a tissue or sleeve when sneezing or coughing!

При чихании и кашле прикрывайте рот одноразовой салфеткой или рукавом!

Täck din mun och näsa med ärm eller engångsnäsduk då du hostar eller nyser!



Instructions

Älä kättele!

No hand shaking!

Никаких рукопожатий!

Skaka inte hand!



Vältä lähikontaktia!

Avoid close contact!

Избегайте близкого контакта!

Undvik närkontakt!



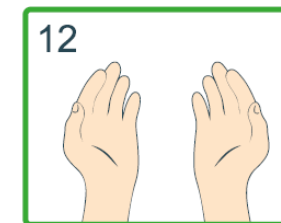
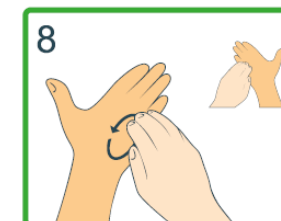
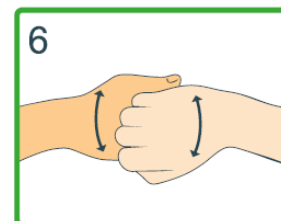
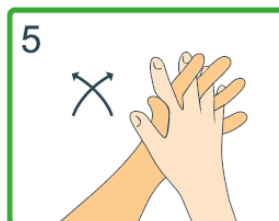
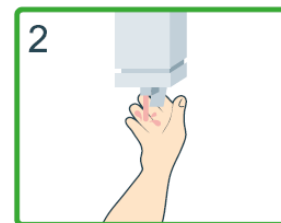
Instructions

Pese kätesi huolellisesti saippualla
- Vähintään 20 sekunnin ajan

Wash your hands thoroughly with soap
for at least 20 seconds!

Тщательно мойте руки с мылом не менее
20 секунд!

Tvätta händerna noggrant med tvål
- minst i 20 sekunder!





You are important to us,

**PLEASE FOLLOW THE PROVIDED INSTRUCTIONS
AT WORK AND AT HOME.**

